



## PSHE Overview (Including Statutory Guidance)

At Marsh Green Primary School, we regard PSHE as an important and integral component of the whole curriculum. The PSHE curriculum is embedded throughout our daily school life. We model positive relationships, self-image and communication skills with others in all our day to day interactions as well as teaching skills explicitly in circle time and PSHE lessons. We believe that PSHE is central to the school's philosophy and ethos, its aims, attitudes and values. They have been recognised as being fundamental in enabling children to take increased responsibility for their own learning and hence maximise their potential. PSHE should help children deal with social pressures affecting their learning thereby raising standards of academic achievement. This in turn raises their self-esteem and personal health/ wellbeing. PSHE should help to give the pupils knowledge, skills and understanding they need to lead a confident, healthy, independent life and become informed, active, responsible citizens.

### **The Teaching of PSHE**

At Marsh Green we have chosen the thematic approach to primary PSHE education, covering all three core themes of the Programme of Study (Health and Wellbeing; Relationships; and Living in the Wider World) over the school year, with three topics per half term. This approach allows different year groups to work on similar themes at the same time, building a spiral programme year on year, whilst offering flexibility in terms of medium-term planning.

At Marsh Green Primary School, we teach PSHE in a variety of ways. This includes whole class weekly sessions, whole school assemblies, Key Stage assemblies. We are teaching the PSHE curriculum by using the Thematic approach which has been written by the PSHE Association, which meets the current needs of children at Marsh Green Primary School. In developing this curriculum, we have utilised components of published PSHE materials including PSHE Association resources, Medway Directorate resources and SEAL resources.

PSHE is taught weekly through whole class teaching and assemblies. We use a range of teaching and learning styles, including activities such as discussion, role-play, games, investigations, circle-time, problem-solving activities and outdoor learning. We encourage the children to take part in a range of practical activities that promote active citizenship e.g. fundraising and planning of school events. At Marsh Green Primary School, children are provided with frequent opportunities to have their voice heard and because of this, they play an active part in school life. Children are able to express their opinions and views through a variety of mediums including suggestion boxes located in the school hall, questionnaires, school council discussions, various elections and comments on various correspondence throughout the year.



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### PRIMARY PSHE EDUCATION: LONG-TERM OVERVIEW – THEMATIC MODEL

	Autumn: Relationships			Spring: Living in the wider world			Summer: Health and Wellbeing		
	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping safe
Year 1	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise; hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
Year 2	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies
Year 3	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places
Year 4	Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life
Year 5	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment; compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding in emergencies, first aid and FGM
Year 6	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media